

Shams Ur Rehman

Name: Shams Ur Rehman

Add: Faqir Abad Zaryab Colony Peshawar

Cell # 03139594394

- Father Name: Piou Gul
- Date of Birth: 25-08-1993
- CNIC#: 17301-9742273-9
- Email: shams.paracha@hotmail.com
- Gender: Male
- Marital Status: Single
- Domicile: Peshawar, (KPK)
- Religion: Islam
- Nationality: Pakistani

Career Objective

A position in a results-oriented professional company that seeks an ambitious and career conscious person where acquired skills and work experience will be utilized toward continued growth and advancement. To gain professional development as a team member executing critical services that contributes to the profitability of the company.

Employment Details (Experience)

April 2023 to August 2023 District Youth Officer at SHAMS Project by UNICEF and School of Leadership Foundation.

- Facilitated 20 Awareness sessions on Mental Health and psychosocial support (MHPSS) at Peshawar in different schools, Communities, and organisations.
- 600 Adolescents and their caregivers were aware and trained on MHPSS.
- Aim of awareness sessions was to break the stigma surrounding to mental health and bring awareness to this important issue.

March 2018 – to December 2021 Facilitator at DOST Welfare Foundation.

- Facilitator in eight Capacity Building Workshops (TACS) British Council.
- Co-Facilitator in five capacity building workshop (TACS) British Council.

- Facilitated three WEACT trainings (The Langland School Chitral) (The City School) (Rehman Medical Institute RMI Peshawar).
- Facilitated four trainings on Forum Theatre Module (Peshawar).
- Arranged and facilitated Drug Awareness Programs including the recent new drug of abuse ICE.
- Observer Community Development Workshops program (WEACT).

August 2016 – October 2018 Event Coordinator at Work to Empower.

- Organiser at WE BOOT CAMP-4 (National Level residential Conference), Natia Galli, Pakistan Aug 2017
- Master Trainer in Theatre performances by Directorate of Human Rights Peshawar, 2017
- Field Supervisor at Integrated biological Surveillance in prisons in KP by UNODC.
- Organiser and Lead at Weekly workshop series "Speak Up" Peshawar.
- Mediator and Team Lead at Community mobilisation through Theatre performances by KP Police, UNDP and CHANAN.
- Volunteer teacher at 'AAO BACHO SCHOOL CHALEN'' and education awareness campaign by UNICEF, Pakistan.
- U Ambassador at U-REPORT PAK-AVAZ by School of Leadership Foundation (SOL)

2015-2016 Volunteer ILMBASSADOR at ILMPOSSIBLE (Take A Child to School – (British Council.

- Enrolled 150 out of school children in different schools of district Peshawar.
- Facilitated and raised awareness in children about the importance of cleanliness and physical activity. (LIFE SKILLS THROUGH SPORTS).
- Monitoring for the retention of out of school children that were enrolled at different schools in Peshawar district for 2 years.
- Online uploading of Household and personal profile of children to British Council

2017-2018 Volunteer organiser at Regional Blood centre Peshawar

- Organised charity events for cancer patients.
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- Organised Blood Camps at different universities of Peshawar for thalassemia
- Patients.
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Volunteer at Pakistan Innovation Summit for Education

- Organised BASTA Project for Banu IDPs Camp.
- Ambassador for BASTA Project in Peshawar

2018 International Human Rights Observer

- Served as general member at International Human Rights Observer

Degree/Certificate	Year	Obt. Marks	Board/University
Matric	2011	610/1050	BISE Peshawar
F.Sc (computer Science)	2013	739/1200	BISE Peshawar
<i>B.BA (Hons)</i>	2014/2017	3.1 GPA	The University of Agriculture Peshawar

Achievements.

- Best Coordinator Award by WE (Work to Empower)

Trainings and Certifications.

- Training of Facilitators on SHAMS (Self-care and Hope through Adolescent-led Mental health and psychosocial Support) awareness sessions by School of Leadership Foundation, UNICEF, Islamabad, 04-08 April 2023.
- Training on Universal Prevention Curriculum (Coordinators Series)
Course 1: Introduction to Prevention Science (28 October- 01 November 2019)
Course 5: School Based Prevention (18 November-22 November 2019)
- Member Active Citizen FGD (Focus Group Discussion), Islamabad, 27 Feb 2020.
- 7-Weeks Course "Journey to Success" by National Incubation Centre (NIC) Peshawar Pakistan, Nov 12, 2018 to Dec 28, 2018.
- 5 days Practical training/workshop on Street Theatre to Raise Awareness by CHANAN with collaboration of European Union and UNDP, Abbottabad, 11-15 April 2017.
- 4-Days training (capacity building) workshop of Take A Child To School (TACS) by British Council 2015.
- Online Child Safeguarding Training. (UNICEF, AGORA) 2023.
- Certificate of Introduction to Ethics in Evidence Generation (Basic) by (UNICEF, AGORA).
- Certificate of Mandatory course BSAFE by (UN Volunteers) 2023.

- Certificate of Mandatory course 'Prevention of Harassment, Sexual Harassment and Abuse of Authority by (UN Volunteers) 2023.
- Certificate of Mandatory course 'Prevention of Sexual Exploitation and Abuse (PSEA) by (UNDP) 2023.

Skills and Interests

- Excellent Facilitation skills.
- Marketing and Management Skills.
- Excellent Computer Skill including Excel, Microsoft word, Power point.
- Can speak Pashto, Urdu and English fluently.
- Love to travel around the world exploring new places and cultures.