



Shujaat Daud

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Address: PO box Public school , Basti lalkhan, Usmanabad , 22030, Abbottabad , Pakistan (Home)

● WORK EXPERIENCE

01/01/2023 – CURRENT Abbottabad, Pakistan

CONSULTANT NUTRITION OFFICER MUSHARRAF MEDICAL COMPLEX

- Provide nutrition advice to patients and healthcare professionals
- Develop and implement nutrition plans and programs
- Conduct nutrition education and training sessions
- Area of expertise, nutritional oncology.

01/11/2021 – 31/12/2023 Abbottabad , Pakistan

LECTURER OF HEALTH AND NUTRITION SHAHEEN INSTITUTE OF MEDICAL SCIENCES

- Taught Health, nutrition and nutritional medicine courses to undergraduate students.
- Developed and delivered curriculum
- Supervised student research projects
- Second Author of a book Therapeutic diet.

01/11/2020 – 28/10/2021 Islamabad, Pakistan

RESEARCH OFFICER NUTRACEUTICAL ATTABAK PHARMACEUTICAL INDUSTRY

- Formulated and developed nutritional supplements
- Conducted product research and development
- Collaborated with cross-functional teams
- Quantitative and qualitative testing.

01/06/2018 – 01/09/2020 Abbottabad, Pakistan

RESEARCHER (THESIS) INSTITUTE OF NUCLEAR MEDICINE, ONCOLOGY AND RADIOTHERAPY

- A joint research project of Hazara University and INOR.
- Prognostic value of Ca-125 in Ovarian Cancer patients at Hazara Division.
- Nutritional impact on child and women health (Children under 5 years)
- Research selected for presentation by World public health nutrition association, London, United Kingdom.

● EDUCATION AND TRAINING

01/06/2016 – 05/09/2020 Mansehra, Pakistan

BS(HON'S) BIOCHEMISTRY Hazara University Pakistan

Website www.hu.edu.pk

01/06/2014 – 05/06/2016 Abbottabad, Pakistan

HSSC Board of intermediate and secondary education

Website www.biseatd.edu.pk

01/03/2012 – 04/04/2014 Abbottabad, Pakistan
SSC Board of intermediate and secondary education

Website www.biseatd.edu.pk

01/10/2019 – 30/04/2020 Switzerland

HUMAN NUTRITION AND METABOLIC MANAGEMENT Nestle Nutrition Institute

● LANGUAGE SKILLS

Mother tongue(s): **URDU**






Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	C2	B2	B2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● DIGITAL SKILLS

Digital Skills - Test Results

 Information and data literacy	ADVANCED	Level 6 / 6
 Communication and collaboration	ADVANCED	Level 6 / 6
 Digital content creation	INTERMEDIATE	Level 4 / 6
 Safety	ADVANCED	Level 6 / 6
 Problem solving	ADVANCED	Level 5 / 6

Results from [self-assessment](#) based on [The Digital Competence Framework 2.1](#)

● NETWORKS AND MEMBERSHIPS

01/06/2023 – 30/05/2024 Pakistan

Member

Pakistan food and nutrition organization
Membership # PFNO/2022/158

01/01/2020 – CURRENT London

Member

World public health nutrition association London, UK
Membership no: 64430866