



TAJALLY NAEEM

Nationality: Pakistani **Date of birth:** 03/12/1999 **Gender:** Female

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Skype: Tajally Naeem **LinkedIn:** <https://www.linkedin.com/in/tajally-naeem>

Home: 15100 Gilgit (Pakistan)

WORK EXPERIENCE

Nutritionist (consultant)

Punjab Food Authority [01/09/2023 – Current]

Country: Pakistan | Website: <https://pfa.gop.pk/>

Teacher

NYMA(SEEDA) [29/03/2023 – 30/08/2023]

City: Gilgit | Country: Pakistan | Website: <http://www.seeda.pk/>

EMIS Intern

Aga Khan Education Service Pakistan [28/09/2022 – 29/10/2022]

City: Gilgit | Country: Pakistan | Website: www.agakhanschools.org

Data Intern

PHQ Hospital [10/01/2022 – 20/02/2022]

Address: W893+5CF, Hospital Rd, Gilgit, Gilgit-Baltistan, 15100 Gilgit (Pakistan)

EDUCATION AND TRAINING

Bachelor's in Human Nutrition and Dietetics

Karakoram International University [28/09/2018 – 09/09/2022]

Website: <https://www.kiu.edu.pk/> | Final grade: 3.8 GPA | Thesis: DIETARY HABITS AND LIFESTYLE OF ARTHRITIS PATIENTS IN GILGIT BALTISTAN

Diploma Food Processing

GVTTTC [08/04/2022 – 18/09/2022]

Address: Chimishdass Gilgit, Gilgit Baltistan, Pakistan ,

Food & Agribusiness: Agronomy Job Simulation

Moreton Bay through Forage [17/02/2023 – 14/09/2023]

Website: <https://www.theforage.com>

Introduction to food and health

course authorized by Stanford University and offered through Coursera [07/05/2023]

Website: <https://www.coursera.org/learn/>

SDG Bootcamp

UNDP [08/12/2021 – 12/12/2021]

Website: <https://sdgbootcamp.pk/>

Sustainability

Nestle

Website: <https://www.nestle.com/>

Infant and Young Child Feeding in Emergencies

UNICEF [27/08/2021]

Website: <https://agora.unicef.org/course/>

Child Nutrition and Cooking

course authorized by Stanford University and offered through Coursera [20/01/2022]

Website: <https://www.coursera.org/learn/>

Diet Planning skills

Nutrivention [02/08/2021 – 07/08/2021]

Website: <https://nutriventionpk.com/>

Adolescent Nutrition and Anaemia

Course by Nutrition International [01/07/2021]

Website: <https://www.nutritionintl.org/>

Building Relationship with food

course authorized by Stanford University and offered through Coursera [03/12/2021]

Website: <https://www.coursera.org/>

PUBLICATIONS

[2024]

[Exploring the Pros and Cons of Ketogenic, Vegetarian, and Mediterranean Diets and Multifaceted Health Biomarkers](#)

Journal of Population Therapeutics & Clinical Pharmacology

LANGUAGE SKILLS

Mother tongue(s): Urdu | Burushaski

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft Excel / Microsoft Powerpoint / Social Media / Microsoft Word / Zoom / Google Drive / Skype / figma / graphic Designing / zoom / adobe illustrator / Creativity / google docs

NETWORKS AND MEMBERSHIPS

UPG Sustainability Leader

Member Fridays For Future

VOLUNTEERING

[09/08/2006 – Current] Gilgit

Pakistan Girl Guide Association

[14/02/2021] Gilgit

Ministry of Information and Broadcasting

CONFERENCES AND SEMINARS

[13/09/2024]

COP in my City