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WAHID BAKHSH

Objectives

I am a public Health specialist with a focus on program development, research, monitoring and evaluation, capacity building, strategic planning & development and I have over 7 years of professional experience in Eye Health, Nutritional Health and Family Planning programmes. My career goal is to promote health care services, awareness of health, and prevention measures for diseases, particularly communicable diseases. As a young and energetic person, I can play a vital role in the provision of health care services in remote areas of my country.

Skills

- **Languages:** Balochi, Urdu, Sindhi, English.
- **Computer Skills:** MS Office and SPSS.

Work Experiences

District Surveillance Officer

Pathfinder International – [INGO] • September 2023 – Present

BMGF Funded “Qadam Ba Qadam” Project at Kachhi/Bolan

- Facilitate as Master Trainer on DHIS2 Trickle Down Trainings for Government HCP staff of District Kachhi & Quetta.
- Collaboration with DHIS Cell for implementing DHIS2 & Import daily & monthly data via android application.
- DHIS2 data analysis, archiving, and data visualization on <http://balochistan.pakdhis2.org/> of District Kachhi
- Technical assistance to the management and healthcare providers at facility, district, and provincial levels to initiate Postpartum Family Planning / Post abortion Family Planning indicators recording & reporting process.
- Ensure prompt response/investigation of any epidemiologically significant disease outbreak.
- Ensures that data of Postpartum Family Planning /Post abortion Family Planning is collected, entered timely at the facility level, and consolidated at the District level for onward submission to provincial DHIS cell.
- Conducting joint and individual monitoring visits to ensure data quality and proper data reporting.
- Ensure timeliness & completeness of data flow. In addition, and ensure the availability of all logistical support (recording and reporting tools) required for Indicators of the project & Health Facilities.

District Project Coordinator

MERF (Medical Emergency Resilience Foundation) – Pakistan [NGO] • June 2023 – Sep 2023

UNICEF Funded Integrated Nutrition Flood Response Project at Kachhi/Bolan

- Provide strategic vision and leadership to the Project Team, Conduct review meetings with District Stake holders and partners. Manage directly the team under his responsibility and evaluate them.
- Close Coordination with District health department (DHO) and DC Office, Medical superintendents of DHQ and THQs regarding smooth implementation of Project activities throughout district territory.
- To participate in the recruitment of technical staff in nutrition as per HR recruitment policies and guidelines.
- Participate in all strategic planning meetings, activities & Facilitate exchange of information and experiences.
- Develop and implement daily, weekly & monthly plans and to resolve problems in a timely and efficient manner.
- Support the development of a behavioral change strategy in close collaboration with team members & UNICEF.
- Design a IYCF-E training package for outreach worker, according to international standards and protocols in coordination with UNICEF team and Baluchistan Nutrition Directorate.
- Regular monitoring of outreach activity, Coordinate team members' travel to the field and ensure field teams have relevant and timely access to all necessary information, tools, equipment and support.

Health and Nutrition Officer

ACF International – Mission Pak [INGO] • October 2022 – March 2023

6 months, Flood Emergency Response Project at Jaffarabad/Sohbatpur

- Plan, implement and monitor mobile medical and nutrition camp with Implementing Partners.
- Ensure quality of services and procurement for medical supplies for medical & nutritional camps.
- Actively monitor programmes and projects through field visits, surveys and/or exchange of information with partners and stakeholders to assess progress. Take part for situation analysis for the nutrition.
- Development of the SBCC and community awareness sessions and implement the strategy in community.
- Ensure continuous supervision and technical support to the field teams and activities.
- Working closely and collaboratively with colleagues and partner to discuss strategies and methodologies, and determines national and provincial priorities to ensure the achievement of concert and sustainable results.

Project Officer

Penny Appeal [INGO] • July 2019 – December 2020

Head Office Islamabad, Open Your Eyes Project at AJK and Pakistan

- Plan/ implement the eye camps in communities, schools and other institutions in Pakistan and AJK.
- Coordination with government schools and line departments for organizing the eye screening camps.
- Establish referral mechanisms with partner working on eye health care for the referral of critical cases.
- Monitoring and evaluation of eye camps with close collaboration of MEAL team and the partners.
- To supervise and monitor program implementation, tracking procurements and spending, and ensure effective systems in place for uninterrupted supply of stock, medicines and program supplies to facilities.

Supervisor

Al-Shifa Trust Eye Hospital- Rawalpindi [NGO] • August 2018 – July 2019

- Supervision of low vision department and training of patient about usage of gadget & low visions aids.
- Eye surgical camping and school screening camps in different communities, cities and provinces.
- Consulting and performing refraction and diagnostic procedure.

Internee

**Pakistan Institute of Medical Sciences (PIMS) - Islamabad (Govt.) • March 2017 – January 2018
Ophthalmology Department**

- Observation of ocular diseases and diagnostic instrument usage.
- Visual acuity testing and refractive error identification.

Publications

- Bakhsh W, Sohail A, and Hira (2021). **Effect of ocular diseases on contrast sensitivity: A cross sectional study**, Published by Spectacular journal, The Journal of Research in Medicine and Medical Sciences Vol. 2(6) pp. 109-112
- Sohail A, Abideen ZU, Zahid F, Bakhsh W. **Awareness of Contact Lens Related Ocular Complications among Opticians of Lahore**: pak J Ophthalmol, 2021 Sep. 23
- Bakhsh W, Farrah Pervaiz, Humaira Mahmood, Hafsa, Zafar & M.Farruk Habib (2023) **Awareness and utilization of personal protective eye devices and eye health hazards among welder in Quetta**. Journal of Population Therapeutics and Clinical Pharmacology, 30(19), 204–210.

Award

- **Higher Education Commission Pakistan** awarded fully funded scholarship for MS.PH [Public Health].

Activities

- **2019**: One-month Low Vision training at Al Shifa Trust Eye Hospital Rawalpindi.
- **2020**: Certificate of safeguarding essentials online course by Kaya Humanitarian Leadership Academy.
- **2021**: Two days 11th annual Public Health Conference held at Health Service Academy, Islamabad.
- **2021**: Participated in Breast cancer awareness campaign 22-26th Oct organized by HSA, Islamabad.
- **2022**: Participated in 1st National SBCC conference 27-28th July organized by "Pathfinder, Islamabad".
- **2023**: Participated on DHIS2 16 to 18 May, three-day training organized by Balochistan DHIS Cell Quetta.
- **2024**: Participated on DHIS2 Training of Trainer (TOT), training organized by DG Health Balochistan.

Education

Degree/Year	University/Institute	Division/Grade
MS (Public Health)/2020-22	National University Of Medical Sciences (NUMS), Islamabad	3.1 CGPA/4 CGPA
BS (Optometry)/2014-18	ISRA University, Islamabad	First Division
Intermediate (Pre-Medical)/2013	BBISE, Quetta	First Division
Matriculation (Science)/2011	BBISE, Quetta	First Division

Short Courses

Title of Course	Institute
Health and Hospital Management/2022	COMSTech Secretariat, Islamabad
Geospatial Data and Technology for Immunization Program/2022	Health Services Academy, Islamabad