

# Dr Zarafshan Khan

## MBBS

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prime Hospital Warsak Road  
Peshawar.

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## PROFESSIONAL SUMMARY

Passionate with extensive experience in Internal Medicine, Emergency Medicine, Pediatrics, and Gynecology. Well-versed in diagnosing medical conditions and strategizing treatment plans. Experienced in counselling patients on preventive medicine and healthy Living. Goal-oriented and dedicated to the medical profession.

## EDUCATIONAL BACKGROUND

### Bachelor of Medicine and Bachelor of Surgery

Khyber Medical University  
Peshawar

College Women Medical  
and Dental College

2016-2021

National Licensing Exam  
(NLE) Passed In 2022

All academic Examination passed in first Attempt.

### SSC / Matriculation

Federal Board Islamabad  
2012

### HSSC / Intermediate

Federal Board Islamabad  
2015

## PERSONAL SKILLS

- ◆ Excellent communication skills
- ◆ Empathy and compassion towards patients
- ◆ Strong critical thinking and analytical skills
- ◆ Attention to detail
- ◆ Adaptability and ability to work under pressure
- ◆ High ethical standards and principles
- ◆ Leadership and team management skills.

## **PROFESSIONAL EXPERIENCE**

- ◆ One Year House Job in  
DHQ Teaching Hospital  
Abbottabad

### **Surgery Department DHQ Teaching Hospital Abbottabad**

- ◆ Learned the principles of pre, per and post operative management of surgical patients.
- ◆ Learned the basic management of surgical emergencies
- ◆ Worked in the wards, ICU, ER, and surgical OPD.
- ◆ Assisted open cholecystectomy, hernias, appendectomy, thyroidectomy.

### **Obs/gynae Department DHQ Teaching Hospital Abbottabad**

- ◆ Learned the principles of pre-, Per and postoperative management of obstetric procedures.
- ◆ Learned basic gyne procedures performed vaginal deliveries, pap smear, post operative care, miscarriage management ectopic pregnancy management
- ◆ Assisted c section, hysterectomy, myomectomy and Polypectomy.

### **Pediatrics Department DHQ Teaching Hospital Abbottabad**

- ◆ Learn about the management of pediatrics emergencies
- ◆ Managed pediatrics patients admitted in the ward
- ◆ Managed the nicu.
- ◆ Saw patients in the OPD under the supervision of trainees and consultants.

### **General Medicine Department DHQ Teaching Hospital Abbottabad**

- ◆ Attended medical emergencies under supervision as well as independently.
- ◆ Worked in the OPD.
- ◆ Took part in the care of patients admitted in the General Ward, CCU, and HDU.

## CLINICAL EXPERIENCE

- ◆ One Year House Job DHQ Teaching Hospital Abbottabad
- ◆ Internship in gynae obs Jinnah Hospital Abbottabad
- ◆ Internship in medicine Jinnah Hospital Abbottabad

## PROFESSIONAL SKILLS

- ◆ Foley catheterization
- ◆ Contraceptive implant insertion
- ◆ Cardiotocography (CTG)
- ◆ portogram during labor
- ◆ speculum examination
- ◆ Pap smear
- ◆ cervical smear
- ◆ Electrocardiogram
- ◆ Administering Injections
- ◆ Iv cannulation Recording Patient
- ◆ Medical History
- ◆ NVD
- ◆ ENC/DNC
- ◆ Episiotomy
- ◆ Gastric lavage