

DR ZULQARNAIN HAIDER

Registration No: 783014-03-M

PERSONAL INFORMATION

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Country: Pakistan

City: Parachinar

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Address: Kirman Matta Parachinar District Kurram

AIM/OBJECTIVE:

> Dedicated and motivational **Medical Officer** Seeking.

- ➤ To join a reputed and growth oriented Health Organization/Hospital tochallenge my skills and techniques.
- ➤ To work in dynamic and professional environment to improve my clinicalskills and care for patients.
- ➤ To enhance my reputation as an excellent Medical Practitioner.

EDUCATION:

Degree	Passing Year	Grade	Institute	Board/University
MBBS Final Year	2022-23	A	Bannu Medical College	Khyber Medical University
HSSC	2017	A1	University College For Boys Peshawar	BISE Peshawar
SSC	2014	A1	Islamia Public High School Parachinar	BISE Kohat

EXPERIENCE:

- ✓ House Officer at Khalifa Gul Nawaz Teaching Hospital Township Bannu from 4th July, 2023 to 3rd July, 2024.
- ✓ Six Months as a House Officer in General Medicine & Allied Discipline
 - Cardiology (CCU) 3 Months
 - General Medicine 3 Months
- ✓ Six Months as a House Officer in General Surgery & Allied Discipline
 - General Surgery 3 Months
 - Trauma & Orthopaedic 3 Months
- ✓ Got Experience in ICU, Dengue isolation, and Emergency Medicine at KGN MTIBannu.

CLINICAL SKILLS:

1. General Medicine

- Management of critical patient in general ward setups.
- ➤ Handing of filter OPDs, Ward round, and Ward Emergency management.
- ER Management of CVA, Hypertensive crisis, DKA, HHS & Poisoning.
- Management of COVID-19 patients, in Isolation Units. Assess, evaluate & monitor their saturation, CXR, HRCT & treatment protocols.
- Assistance in Central Venous Line Placements, OGDs, Colonoscopies.
- Procedures Performed; Blood Sampling, ABGs and its Interpretation, NG, Foley catheterization, Nebulization, Diagnostic & Therapeutic Ascetic & Pleural Taps. Lumbar Puncture, ECG, CPR, Defibrillator Padding etc

2. Cardiology (CCU)

- *Diagnostic Skills*: ECGs, stress tests, echocardiograms, and other cardiac diagnostic tests.
- *Treatment Skills*: hypertension, heart failure, arrhythmias, and coronary artery disease.
- *Procedural Skills*: cardioversion.

3. GENERAL SURGERY:

- ➤ Different kinds of surgical emergencies were managed undersupervision.
- ➤ I have done multiple procedures in general surgery rotation undersupervision.
- ➤ Assistance in laparoscopic surgeries.
- > Care of pre op & Post op patients.

4. Trauma & Orthopaedic:

- ➤ 1. *Orthopaedic Assessment*: including evaluating musculoskeletal injuries and conditions.
- ➤ 2. *Fracture Management*: including casting, splinting, and surgical intervention (ORIF with plate& k wires).
- ➤ 5. *Trauma Care*: including initial assessment, stabilization, and treatment of traumatic injuries
- ➤ 7. *Diagnostic Imaging Interpretation*: like X-rays, MRIs, or CT scans,

CORE COMPERENCIES

- > Familiar with Clinical Setup
- ➤ Sound Knowledge of Medical Terminology
- ➤ Good Command over handing Medical Equipment
- ➤ Can handle Medical and Surgical Emergencies Confidently.

PERSONEL GOALS:

- ➤ To work in a clinical environment to gain sufficient experience and training in the medical field to be more competent and qualified tohelphumanity.
- > To take part in researches and audits under supervision
- ➤ To work in different sub-specialties of medicine to explore myinterest and to learn
- > To teach, guide and counsel medical students and young doctors
- > To learn about new Medical technologies.

LANGUAGES:

- > English
- ➤ Urdu
- > Pashto