



# Dr Zarak Baloch

Medical Officer

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## Objective

Looking to advance my career as a doctor, focusing on delivering top-notch patient care and leveraging my medical skills to enhance healthcare outcomes.

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## Education

- 2012-2014 **St. Francis Grammar School, Quetta**  
**Matriculation**  
Board of Intermediate Education Quetta
- 2014-2016 **Govt. Degree College, Thul**  
**Intermediate**  
Board of Intermediate Education Larkana
- 2017-2022 **Punjab Medical College, Faisalabad**  
**MBBS**  
University of Health Sciences Lahore
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## Professional training

- Jun-Aug 2023 **General Surgery**  
**House Officer Bolan Medical Complex Hospital Quetta**

I'm skilled in handling trauma patients according to ATLS guidelines and proficient in techniques like suturing, stitching, and wound cleaning. Additionally, I have experience in procedures like Incision and Drainage, Stump formation, Amputation, and Ingrown toenail surgery.

- Sep-Nov 2023 **Radiology**  
**House Officer Bolan Medical Complex Hospital Quetta.**

I'm skilled in operating advanced imaging equipment such as X-ray, CT, MRI, and ultrasound machines, gained through hands-on experience during my radiology internship. I have a strong understanding of radiation safety protocols and am adept at ensuring patient comfort while explaining procedures clearly.

Dec 2023- **General Medicine**  
Feb 2024 **House Officer Bolan Medical Complex Hospital Quetta**

I'm skilled in Nasogastric Tube Intubation and Endotracheal Tube Intubation (ETT), Pleural tap, Ascitic tap having performed these procedures regularly during outpatient department (OPD) and emergency duties at a reputable hospital in Quetta. Under the guidance of Senior Consultants and Postgraduate Residents, I actively contributed to patient evaluation, diagnosis, and management.

Mar-May **Pediatrics**  
2024 **House Officer Bolan Medical Complex Hospital Quetta**

I have observed and performed common medical procedures such as IV-line maintenance, airway management, lumbar puncture, resuscitation, ABGs, endotracheal tube (ETT) placement, exchange transfusion, and arterial puncture. Additionally, I regularly attended Clinical-Pathological Conferences and rotated through various sections of the ward, including the Emergency Room, ICU, Neonatal Unit, General Ward, and Outpatient Department during my training.

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## Languages

<b>Urdu</b>	Native language
<b>Pashto</b>	Native Language
<b>Brahvi</b>	Native Language
<b>English</b>	Advanced

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## Publications

<b>Medicine Journal</b>	Cytogenetical and hematological analysis of chronic myelogenous leukemia patients with a novel case 52XX, t (1;9;22) (q23.3; q34; q11.2), +6, +8, i(9) (q10;q10), +18,+19,+21+der22 t(9;22) (q34;q11)
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**Skills****Computer**

Applications and software, including Microsoft Office Suite (Word, Excel, PowerPoint)  
Electronic medical record (EMR) systems.

**Clinical**

Patient Health Care  
Triage and Patient Assessment  
Pain Management  
Basic Life Support (BLS)  
Emergency Medicine Procedures  
Test Results Interpretation

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**Contacts****Phone**

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