

Zarmeena Sarwar

Doctor



Experienced Assembler knowledgeable about general warehouse operations. Working quickly and staying focused under strict deadlines. Skilled in managing multiple tasks with frequently changing priorities. Continuously projects positive attitude and seeking opportunities to help team members. Motivated employee learns quickly in fast-paced, high-volume environments. Consistently adhering to safety standards. Maintaining open availability and flexibility to work various shifts. Diagnose disease causes, symptoms and likely progression based on patient histories, examinations and diagnostic testing. Diligent about addressing every need with conscientious and detail-oriented approach. Offering 28 months of medical experience and passion for helping patients improve health and wellness. Compassionate professional skilled in managing medical emergencies and fostering positive relationships with patients and families. Expert in communicating medical terminology clearly and concisely to patients, families and other healthcare professionals. Highly organized and detail-oriented for accurately completing paperwork and documentation. Trusty Doctor with experience in various care settings. Strong background in providing quality care to patients of wide range of ages and backgrounds. Proven track record of successfully diagnosing and treating variety of chronic and acute medical conditions. Skilled Doctor with satisfactory experience in patient care, diagnosis and providing quality medical services. Adept at managing medical teams and resolving complex medical cases with utmost precision. Possesses outstanding organizational and communication skills. Diligent professional proficient in utilizing EMR software to document patient encounters and histories and to order and review lab results. Adept at performing X-rays, ultrasounds and other imaging services. Committed to staying current with latest advancements in medical research and treatments.

Contact

Address

Quetta, BA 87300

Phone

03116322432

E-mail

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Skills

Team work	●●●●●
Counselling	●●●●●
Adaptability	●●●●●
Basic programming	●●●●●
Literature writing	●●●●●

Languages

Pushtoo	●●●●●○ Native or Bilingual
Persian	●●●●●○ Native or Bilingual
English	●●●●●○ Native or Bilingual
Urdu	●●●●●○ Native or Bilingual

Work History

2021-01 -
2022-01

House Job

Civil Hospital Quetta, Quetta, Balochistan

- I did 3 rotations in my housejob. Medicine 3 months, psychiatry 3 months and general surgery 6 months
- During each rotation i learned the basics of patient management
- Followed proper protocols before each procedure.
- In surgery I was privileged to assist in major and minor cases. Learned management of acute cases. Prepared the patients for surgery and followed them postoperatively till recovery. I also performed local cases i.e lipoma excision, sebaceous cyst removal, abscess drainage, IGTV removal, dressing of infected wounds
- In medicine I gained experience on management of common infectious and genetic diseases. I performed procedures such as lumbar puncture, pleural tap and CVP etc
- In psychiatry rotation I learned basic history taking and examination following proper guidelines. Common causes of psychiatric diseases and their management.

Education

2023-01 -
Current

Post Graduation: FCPS Surgery And Allied

Civil Hospital Quetta - Quetta

2022-07 -
2023-01

Post Graduation: MCPS Psychiatry

BIPBS - Quetta

2015-06 -
2020-12

Graduation: MBBS

Bolan Medical College - Quetta

2010-03 -
2012-03

Matriculation: Pre-Medicine

St Joseph's Convent - Quetta

2012-06 -
2014-06

F.Sc: Pre-Medicine

Garrison Academy - Quetta

Certifications

2022-08

Licensed EMDR therapist

2017-09

Literature writing and social media skills

Interests

Reading and traveling