# HAMZA NOOR

#### o **DETAILS** o

Address:

Royal Avenue, park road Islamabad, 44000 Pakistan

Contact:

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Email Address: Hamzanoor941@gmail.com

Date of Birth Jan 22, 1998

#### o SKILLS o

Microsoft Office SPSS Data Analysis Quantitative Research Nutrition Planning

#### o LANGUAGES o

Urdu English Pashto Saraiki

#### **PROFILE**

I hold a Master's degree in Public Health, with a foundational background in Nutrition Science. Driven by a passion for improving health outcomes, I bring strong expertise in quantitative research, human nutrition, and dietetics. My goal is to leverage these skills to contribute to public health initiatives and create a lasting, positive impact on communities.

## **EMPLOYMENT HISTORY**

Research Assistant at Health Services Academy

October 2023 – April 2024

Task: EmONC facility assessment report review, Data Collection, Data Cleaning, Data Dissemination seminar, Midwifery Strategic frame work

LQAS & PCM Polio Campaign

Task: Covered the Polio coverage and Quality in Union Councils of Azad Jamu Kashmir, Rawalpindi and Islamabad

Clinical Nutritionist Assistant in General Hospital Lahore

October 2020 - January 2021

Task: Wards visit, making diet plan for the patient

Clinical Nutritionist Assistant in Children Hospital Lahore

August–September 2019

Task: Wards visit, making diet plan for the patient

### EDUCATION

Masters of Sciences in Public Health, Health Services Academy, Islamabad 2024

Thesis Title: Exploring Adolescent Awareness, Attitudes, and Behavioral Patterns in Addressing Nutrition: A Cross-Sectional Study in Dera Ghazi Khan, Punjab

Doctor of Nutrition Sciences, University of Management and Technology, Lahore 2021

Thesis Title: Alternative Medicine for the Treatment and Management of Obesity: A Systematic Review

#### REFERENCE

Reference will be furnished upon request